

# Let's Talk About That Discussion Questions

## Episode 8 – Social Media 101

### Discuss with Adults

- How much time do you spend on social media a day? Look at phone screen time AND time spent on a laptop, tablet, home computer, etc.
- What healthy boundaries do you have for social media?
- What social media platforms are your kids using? Can you list them all?
- What boundaries do you have for your kids & social media? What boundaries could you set up?

### Discuss with Kids

- What social media sites do you use?
- What positives do you see with social media? What negatives are there?
- Have you experienced bullying (or any other negative from the episode) on social media?
- What boundaries should we set as a family when it comes to social media?

## Episode 7 – Forming the Habit of Worship

### Discuss with Adults

- How often did your family worship when you were growing up?
- Why is going to worship important for you? For us as a family?
- What worship service should we go to as a family?
- How often do we want to go to worship? Is that something we need to work ourselves up to? How long will that take us to get to?

### Discuss with Kids

- What worship service do you find the most enjoyable? This can help you decide as adults the service your family will attend.
- How can we help you get ready for church services? This can help you avoid situations where your child won't want to go to church.
- Take time to explain the reason for going to worship services, why it is important to you, etc.
- What do you like the most about being at church?

## Episode 6 – Forming the Habit of Prayer

### Discuss with Adults

- Did your family pray when you were growing up?
- How often do you pray as an individual? As a couple? As a family?
- What time works best for us to pray as an individual, couple, and family?

### Discuss with Kids

# Let's Talk About That Discussion Questions

- Do you know any prayers?
- What do you know about prayer?

## Resources for Prayer

- ACTS Method
  - Adoration – Praise God for what He has done
  - Confession – Tell God the sins you know you have done
  - Thanks – Thank God for things He has given you
  - Supplication – Ask God for something
- Luther's Morning & Evening Prayers
- Meal Prayers w/Mr. Brockman can be found on our Peace Lutheran Ministries YouTube Channel!

## Episode 5 – Forming the Habit of Reading the Bible

### Discuss with Adults

- What gets in your way of reading the Bible at least once a week?
- Where in your day could you schedule reading the Bible? How long would that be?
- Where in our family's schedule could we schedule reading the Bible? How long would that be? What would that look like?

### Discuss with Kids

- What is your favorite Bible story?
- What is something we could do together after reading the Bible?
- Do you read the Bible on your own?

### Resources

- Children's Bibles
  - The Beginner's Bible
  - 365 Bible Stories & Prayers
  - The Adventure Bible – good for elementary kiddos!
- Family Devotions
  - Bible Discovery Devotions – book by Concordia Publishing House
  - Jesus Calling devotion books by Sarah Young
  - Focusonthefamily.com
  - Christmas in a Box & Easter in a Basket

## Episode 4 – Forming Habits 101

# Let's Talk About That Discussion Questions

## Discuss with Adults

- What good habits do we have (as a couple and individual)?
- What bad habits do we have (as a couple and individual)?
- What is the “cue,” “behavior,” and “reward” of our bad habits?
- What new habit could you form (as a couple and individual) to break the bad habits?
- How can we support each other breaking our bad habits?

## Discuss with Kids

- What do you know about habits?
- Why do you think it is so hard to break habits?
- Do you have any habits you want to break?

## Episode 3 – Masters of None?

### Discuss with Adults

- What are you an expert in?
- What do you wish you knew more about?
- What are your kids interested in? What do you know about that?
- Do you judge what your kids are interested in?

### Discuss with Kids

- How does \_\_\_\_\_ work?
- What about \_\_\_\_\_ do you like?
- Can you/will you tell me more about \_\_\_\_\_?
- Ask your kiddos about their interests. Find out what they are super passionate about and practice a Non-Judgmental Stance.

## Episode 2 – How Do We Talk About That?

### Discuss with Adults

- How often do you share your faith with your spouse?
- How often do you actively share your faith with your children?
- What is the biggest obstacle in sharing your faith, having a devotion, coming to church, praying, etc. with your family? With your Spouse?
- What is your biggest take-away from the episode?

### Discuss with Kids

# Let's Talk About That Discussion Questions

- Great questions for after church:
  - Can you tell me what the Children's Message was about?
  - What did you think of the music in church today? Did you have a favorite song?
  - Do you have any questions from the service today?
- Great questions for after an event:
  - What did you learn at \_\_\_\_\_?
  - What was your favorite part of \_\_\_\_\_?
  - Did you have fun at \_\_\_\_\_? Why or why not?

## Episode 1 – Let's Talk About That!

### Discuss with Adults

- What do you wish you knew about God?
- What do you wish you knew about parenting?
- What do you wish you knew about your kiddos?
- What do you wish you talked about more in your relationship? (spouses, siblings, adult kids with parents, etc.)
- What is your biggest take away from the episode?

### Discuss with Kids

- What questions do you have for God?
  - Do not feel like you must know or give an answer right away! Just see what your kiddos are curious about.
- What questions do you have for mom & dad?
  - This is a GREAT way to start a discussion, big or small, with your kiddos!