

Peace Lutheran Ministries

Lunch Menu

October 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Chicken Teriyaki Rice Cooked Broccoli Sugar Snap Peas Peaches	2 Fish sticks Salad Cucumbers Fruit Cocktail Apple Turnover	3
4	5 Pizza Cucumber Cauliflower Applesauce Cake	6 Chicken Spaghetti Bread Stick Broccoli Fresh Green Beans Mandarin Oranges	7 Chili Grilled Cheese Carrots Grapes	8 Bacon Cheeseburger Corn Tater Tots Pears Fruit Snack	9 Mini Corn Dogs Baked Beans French Fries Strawberries & Grapes Cookie	10
11	12 Popcorn Chicken Tater Tots Baked Beans Apple Slices	13 Chocolate Chip Pancakes Bacon Hashbrown Tropical Fruit Yogurt	14 Alfredo Tortellini Chicken Tenders Broccoli Grapes Dessert	15 Tacos Spanish Rice Carrots Oranges	16 Egg Roll Fried Rice Tater Tots Green Beans Fruit Salad	17
18	19 Yogurt Parfait Muffin Hashbrown Apple Sauce	20 Chicken Penne Broccoli Breadstick Strawberries & Grapes	21 Chicken Noodle Soup Grilled Cheese Carrots Apple Slices Apple Turnover	22 Spaghetti & Meatballs Breadstick Salad Fruit Cocktail	23 Pizza Sandwich Cucumbers & Cauliflower Baked Beans Peaches Cookie	24
25	26 Loaded Mac-n-Cheese Cheesy Hashbrowns Cucumbers Berries	27 Cheesy Taco Casserole Salsa & Chips Corn Grapes	28 Mummy Dog Baked Beans French Fries Mixed Fruit Cookie	29	30	31
Choice of milk provided with each lunch. Condiments will be available for appropriate meals. Fruit Choices may change as we will use our fresh fruit when available Items may contain Soy, Beef, Pork, Turkey, Peanut Oil or Tree Nuts This institution is an equal opportunity provider						