

Peace Lutheran Ministries

Lunch Menu

September 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			31 Pizza Dunker Sauce Broccoli Grapes <u>Strawberry Shortcake</u>	1 Swiss Cheeseburger French Fries Baked Beans Watermelon	2 Popcorn Chicken Mac- n -Cheese Corn Orange Slices Celery w/dip	3
4	5  LABOR DAY No School!	6 Hot Dog Potato Oles Cucumber/Carrot Apple Slices	7 Spaghetti & Meatballs Garlic Stick Salad Grapes	8 Beef Taco's Lettuce Tomato Cheese Refried Beans Pineapple	9 French Toast Sausage Patty Hash Browns Peaches	10
11	12 Chicken Patty Cheesy Potatoes Baked Beans Orange Slices	13 Fish Sticks Potato Wedges Broccoli & Cauliflower Grapes	14 Sausage & Pepperoni Pizza Cherry Tomatos Cantaloupe	15 Sloppy Joe Chips Sliced Apples Carrot Sticks Cookie	16 Chicken Alfredo Breadstick Cooked Broccoli Fruit Cocktail	17
18	19 Corn Dog French Fries Cauliflower Cherry Tomatoes Banana	20 Chicken Breast Mashed Potato & Gravy Corn Dinner Roll Diced Pears	21 Blueberry Pancakes Ham Hash Browns Applesauce	22 Italian Bake Green Beans Peaches	23 Hot Ham & Cheese Baked beans Pasta Salad Grapes Brownie	24
25	26 Chicken Tenders Mac-n-Cheese Broccoli Carrots Apple Slices	27 Chicken Nacho's Lettuce/Tomato/ Cheese Refried Beans Salsa Corn Chips Orange Slices	28 Hot Turkey & Gravy Rice Mixed Veggies Strawberries Dinner Roll	29 BBQ Chicken Pizza Red Pepper Strips Celery Sticks Strawberries Blueberry Dessert	30 Hot Dog French Fries Carrots Cucumbers Juice Box	

Choice of milk provided with each lunch.

Condiments will be available for appropriate meals.

Fruit Choices may change as we will use our fresh fruit when available

Items may contain Soy, Beef, Pork, Turkey, Peanut Oil or Tree Nuts

This institution is an equal opportunity provider